KY River Palisades  State Nature Preserve is more than 900 acres encompassing majestic 220-foot limestone cliffs and the surrounding forested bluffs and bottoms. The Kentucky River Palisades are considered to be the most outstanding natural feature remaining in the Bluegrass Region. There is a high diversity of wildflowers, at least 25 mammal species and 35 reptile species that are found throughout the palisades.

The lofty palisade cliffs rise 220 feet above the Kentucky River. Between 400,000 and 1 million years ago the river began cutting through the limestone, exposing the layers of rock visible today. These rock layers are full of marine fossils dating back to when this part of Kentucky was at the bottom of a warm, shallow sea. At 450 to 500 million years old, the Ordovician limestone here is the oldest exposed rock.

Rare species:
- Starry cleft Phlox
- Eggleston’s violet

Features:
- Moderately strenuous two-mile loop trail.
- Parking - 8 cars
- Hazards - steep cliffs, venomous snakes (rare)
- Activities - hiking, birding, nature photography and research

Directions:
From Nicholasville, follow Rt. 27 south for approximately nine miles. 1/4th mile after crossing the Kentucky River there will be a road to the parking on the right with an official “Office of Kentucky Nature Preserves” brown road sign.
Rules that protect Kentucky’s Natural Areas

1. Preserves are open sunrise to sunset
2. Trails are open to foot traffic only. Horses, bikes, motorized vehicles, and climbing are not permitted due to their destruction of natural features
3. Visitors must not stray from the trails.
4. Possession of drugs or alcohol is prohibited
5. Collecting plants, animals, rocks, artifacts are prohibited.
6. To ensure the natural beauty of each preserve and to promote visitor safety and enjoyment, camping, picnicking, building fires, audio equipment and pets are not permitted
7. Remember to carry out your trash.

THESE RULES ARE ESTABLISHED BY 400 KAR 2:090. ANY PERSON IN VIOLATION OF THIS REGULATION MAY BE LIABLE FOR A CIVIL PENALTY OF $1000 PER DAY AND POSSIBLE CRIMINAL PROSECUTION AS PROVIDED FOR IN KRS 224.

Kentucky River Palisades Nature Preserves

- Upper Palisades Loop
- Lower Palisades Loop
- Knights Ferry Trail

Trail Lengths:
- Upper Palisades- 1.54 miles
- Lower Palisades- 2.21 miles
- Knights Ferry- 0.34 miles

Created by Lance Hostetler 1.14.2020